



ActivCare Daily Activities

Neighborhood Walks
What's News
Music That Matters
Exercise in Motion
Think It - Say It
Creative Arts



Celebrations

August 1
Trip to Birch Aquarium




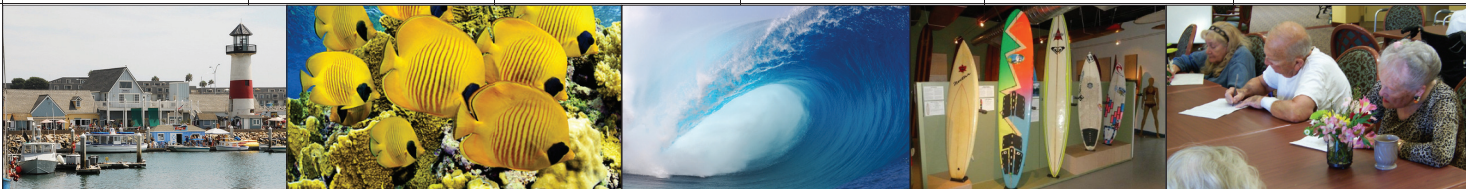
August 21
Hawaiian Luau

August 29
Birthday Celebration



ActivCare at Bressi Ranch August 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<u>1 Trip to Birch Aquarium</u> 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Trip to Birch Aquarium or White Board Brain Games 1:00 August Fun Facts & Trivia 2:00 Neighborhood Sing Along & Instruments 3:00 Dessert & Coffee Social 3:30 Musical Entertainment with Vicky Jane 6:00 Moonlight Movie or Parachute Exercise		2 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Name That Animal: Fun Facts 1:00 Where in the World Trivia and Reminiscing 2:00 Working with Colored Sand 3:00 Dessert & Coffee Social 3:30 Chair Tai Chi Exercise 6:00 Lawrence Walk Show	
3 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Time and Hymns 1:00 You Be the Judge 2:00 Indoor Bowling Game 3:00 Dessert & Coffee Social 3:30 Reminiscing Circle 6:00 Moonlight Movie or The Game of Funny Sayings	4 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 *Communion with Jean Courtyard Stroll or Walkers Club 11:00 Visit from Love on a Leash- Pet Therapy 1:00 Outdoor Bocce Ball Game 2:00 Name That TV Show Game 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Humorous Short Stories	5 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Presidential Trivia 1:00 Creative Writing- Haiku Poems 2:00 Where in the World? Trivia 3:00 Dessert & Coffee Social 3:30 Chair Tai Chi Exercise 6:00 Moonlight Movie or You Be the Judge	6 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Anagram Word Games 12:00 Ladies Lunch Bunch 1:00 Still Art: Palm Trees 2:00 Common Sayings Trivia Fun 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Short Stories with Staff	7 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 White Board Brain Games 1:00 Creative Art: Wind Chime 2:00 Name That Tune- Reminiscing 3:00 Dessert & Coffee Social 3:30 Intergenerational Games with The Boys & Girls Club 6:00 Moonlight Movie or Table Games	8 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride to the Oceanside Harbor Courtyard Stroll or Walkers Club 11:00 Call Out the Answer 1:00 Indoor Balloon Volleyball 2:00 Word Scrambles 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Name That Tune	9 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Name 5: Discussion Group 1:00 Table Top Games with Staff 2:00 Working with Yarn- Beaded Tassels 3:00 Dessert & Coffee Social 3:30 Armchair Pilates Exercise 6:00 Lawrence Walk Show
10 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Time and Hymns 1:00 Indoor Bocce Ball Game 2:00 Memory Journals 3:00 Dessert & Coffee Social 3:30 The Game of Silly Sayings 6:00 Moonlight Movie or The Game of Funny Sayings	11 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 *Communion with Jean Courtyard Stroll or Walkers Club 11:00 Visit from Love on a Leash- Pet Therapy 1:00 Whiteboard Brain Games 2:00 Reminiscing Through the Decades 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Humorous Short Stories	12 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 White Board Brain Games 1:00 Creative Writing- Acrostic Poems 2:00 Name That State Trivia and Discussion Group 3:00 Dessert & Coffee Social 3:30 Armchair Pilates Exercise 6:00 Moonlight Movie or You Be the Judge	13 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Who Am I? Hollywood Trivia or Pamper Me Lovely- Nails 1:00 Still Art: Totem Poles 2:00 Tabletop Games 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Tea & Tunes	14 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Musical Entertainment with Almarie 1:00 Indoor Horseshoes or Outdoor Gardening 2:00 Cooking for the Senses with Chef Art 3:00 Dessert & Coffee Social 3:30 Intergenerational Games with The Boys & Girls Club 6:00 Moonlight Movie or Toss & Talk Trivia Ball	15 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride to Double Peak Hill Courtyard Stroll or Walkers Club 11:00 White Board Brain Games 1:00 Color Twister Trivia 2:00 Neighborhood Sing Along & Instruments 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Parachute Exercise	16 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Anagram Word Games 1:00 Chip Chunkin' Game 2:00 Working with Watercolor: Palm Trees 3:00 Dessert & Coffee Social 3:30 Chair Tai Chi Exercise 6:00 Lawrence Walk Show
17 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Time and Hymns 1:00 Putting Green Differs 2:00 Name That Animal: Trivia & Fun Facts 3:00 Dessert & Coffee Social 3:30 You Be the Judge: Discussion Group 6:00 Moonlight Movie or The Game of Funny Sayings	18 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 *Communion with Jean Courtyard Stroll or Walkers Club 11:00 Visit from Love on a Leash- Pet Therapy 1:00 Working with Watercolor: Sunsets 2:00 A Penny for Your Thoughts Reminiscing 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Humorous Short Stories	19 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 What Am I? Trivia 1:00 Creative Writing- Letters to Pen Pals 2:00 Toss and Talk Trivia Ball Game 3:00 Dessert & Coffee Social 3:30 Chair Tai Chi Exercise 6:00 Moonlight Movie or You Be the Judge	20 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Anagram Word Trivia 1:00 Outdoor Bocce Ball Game 2:00 Imagine If... Discussion Group 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Short Stories with Staff	21 Hawaiian Luau 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Tropical Fun Facts & Trivia 1:00 Creative Art: Paper Leis 2:00 Armchair Travels to Hawaii 3:00 Tropical Dessert & Smoothies 3:30 Luau Entertainment 6:00 Moonlight Movie or Table Games	22 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride to the Oceanside Surf Museum Courtyard Stroll or Walkers Club 11:00 White Board Brain Games & Trivia 1:00 Wii Bowling 2:00 Courtyard Stroll & Garden Care or Parachute Games 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Name That Tune	23 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Pennies In- Reminiscing 1:00 Pictionary Brain Games 2:00 Table Top Planning 3:00 Dessert & Coffee Social 3:30 Armchair Pilates Exercise 6:00 Lawrence Walk Show
24 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Time and Hymns 1:00 Chip Checkin' Game 2:00 Anagrams Word Trivia 3:00 Dessert & Coffee Social 3:30 Watercolor Butterflies 6:00 Moonlight Movie or The Game of Funny Sayings	25 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 *Communion with Jean Courtyard Stroll or Walkers Club 11:00 Visit from Love on a Leash- Pet Therapy 1:00 Color Twister Trivia 2:00 I Hear Memories- Reminiscing 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Humorous Short Stories	26 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Name That Tune- Reminiscing 1:00 Creative Writing- Rhymes & Riddles 2:00 True or False Trivia Fun Facts 3:00 Dessert & Coffee Social 3:30 Neighborhood Show & Tell 6:00 Moonlight Movie or You Be the Judge	27 8:30 Today in History & Current Events 9:15 Good Morning Exercise Yoga Class with Larissa 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 White Board Brain Games 1:00 Creative Art: Working with Fabric 2:00 Name That Animal: Discussion Group 3:00 Dessert & Coffee Social 3:30 Prize BINGO! Game 6:00 Moonlight Movie or Tea & Tunes	28 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Musical Entertainment with Almarie 12:00 Men's Lunch Bunch 1:00 Walk to Peppertree Park 2:00 Creative Birthday Hats 3:00 Dessert & Coffee Social 3:30 Intergenerational Games with The Boys & Girls Club 6:00 Moonlight Movie or Toss & Talk Trivia Ball	29 Birthday Celebration 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Scenic Bus Ride to La Costa Resort & Lagoon Courtyard Stroll or Walkers Club 11:00 Name That State: Trivia & Reminiscing 1:00 Outdoor Bocce Ball Game 2:00 Anagram Word Games 3:00 Birthday Cake 3:30 Birthday Entertainment 6:00 Moonlight Movie or Parachute Exercise	30 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Courtyard Stroll or Walkers Club 11:00 Parachute Ball Game and Exercise 1:00 Creative Art: Butterfly Clothespins 2:00 Neighborhood Sing- Along 3:00 Dessert & Coffee Social 3:30 Chair Tai Chi Exercise 6:00 Lawrence Walk Show
31 8:30 Today in History & Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Time and Hymns 1:00 Indoor Balloon Volleyball 2:00 Memory Journals 3:00 Dessert & Coffee Social 3:30 I Hear Memories- Reminiscing 6:00 Moonlight Movie or The Game of Funny Sayings						

Activities subject to change without notice.