

# Town Hall Forum

## The Team Approach to Alzheimer's Care

***An educational seminar for family caregivers featuring medical experts from the ActivCare Medical Advisory Board.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and protect yourself and your loved one.

**When:** Wednesday, June 19, 2013  
8:30 am to 12:30 pm  
*Continental Breakfast: 8:30 am*

**Where:** Bonita Golf Club  
5540 Sweetwater Road  
Bonita, CA 91902  
*\*See directions on reverse side*

**Topics:** Caring for a loved one with Alzheimer's or dementia requires a plan. You will learn how the diagnosis drives the plan and which key members you need on your team. Identify when you need specialists and when behaviors require special intervention. Understand how to balance work/family/caregiver roles and share responsibility.

### **Speakers**

*John Daly, MD, Geriatric Internist/Clinical Professor, UCSD*

*Dan Sewell, MD, Psychiatrist Specializing in Geriatric Psychiatry*

*Alejandra Ceja-Aguilar, MA, Southern Caregiver Resource Center*

*Joan Tincher, RN, MSN, GNP, ActivCare Care Manager*

**Free adult day care offered during the event at**  
The Glenner Memory Care Centers. Reservations are required at least one week in advance. Call the South Bay Center in Chula Vista at (619) 420-1703.



**Presented by:**

**ACTIVCARE**<sup>®</sup>  
Residential Memory Care



To RSVP, please log onto  
**ActivCareLiving.com**  
or call ActivCare at  
**1-888-MEM-LOSS**

## **Directions to Bonita Golf Club**

**From I-805:** Go East on Highway 54, exit at Briarwood Road. Turn right and continue down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.

**From Highway 125:** Take Highway 125 to Highway 54 and head west. Exit Briarwood Road and turn left. Go straight down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.