

Town Hall Forum

Why They Do The Things They Do: Answers for Caregivers

***An educational seminar for family caregivers featuring
medical experts from the ActivCare Medical Advisory Board.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and protect yourself and your loved one.

When: Thursday, March 27, 2014
9:00 am to 11:00 am
Continental Breakfast: 8:30 am

Where: Bonita Golf Club
5540 Sweetwater Road
Bonita, CA 91902
**See directions on reverse side*

Topics: Experts from the field of geriatric psychiatry and dementia care share tips to prepare family caregivers for understanding and coping with behaviors. You'll learn why behaviors and even personalities can change as the disease progresses. Learn tips for managing sundowning behavior and how to maintain skills and abilities.

RSVP: Call 1-888-636-5677 or log onto activcareliving.com

Speakers

Alan Berkowitz, MD, Board Certified Geropsychiatrist
Dawn DeStefani, ActivCare Program Director



Presented by:


ACTIVCARE®
Residential Memory Care



Southern Caregiver Resource Center
Caring for those who care for others


THE GLENNER
MEMORY CARE CENTERS
Specialized Adult Day Programs and Family Resources

Free adult day care offered during the event at
The Glenner Memory Care Centers. Reservations are required at least one week in advance. Call the South Bay Center in Chula Vista at (619) 420-1703.

To RSVP, please log onto
ActivCareLiving.com
or call ActivCare at
1-888-MEM-LOSS

Directions to Bonita Golf Club

From I-805: Go East on Highway 54, exit at Briarwood Road. Turn right and continue down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.

From Highway 125: Take Highway 125 to Highway 54 and head west. Exit Briarwood Road and turn left. Go straight down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.