

Town Hall Forum The Most Important Steps in the Caregiver Journey Are the First Two

An educational seminar for family caregivers featuring medical experts from the ActivCare Medical Advisory Board.

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and protect yourself and your loved one.

- When: Thursday, May 29, 2014 9:00 am to 11:00 am *Continental Breakfast: 8:30 am*
- Where: Lake San Marcos Resort Conference Center 1121 La Bonita Road Lake San Marcos, CA 92078
 *See directions on reverse side
- **Topics:** Medical and industry experts will share tips to prepare family members for their caregiving journey. You'll learn the value of getting a second opinion and how to establish a good health regimen and care plan. And, garner tips to prepare yourself as a legal decision maker.

RSVP: Call 1-888-636-5677 or log onto <u>activcareliving.com</u>

Speakers

John Daly, MD, Geriatric Internist/Emeritus Clinical Professor, UCSD Heidi Klippel, Estate Planning Attorney

Free adult day care offered during the event at The Glenner Memory Care Centers. Reservations are required at least one week in advance. Call the Encinitas Center at (760) 635-1895.



Presented by:







To RSVP, please log onto ActivCareLiving.com or call ActivCare at 1-888-MEM-LOSS

* This course meets the qualifications for two hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences (#PCE 646) and two hours of continuing education credit as required by the Board of Registered Nursing (CEP 9035). Must present <u>license</u> number and submit program evaluation to receive CEU certificate.

Directions to Lake San Marcos Resort Conference Center

From I-5: Go East on Palomar Airport Road, turn right at Rancho Santa Fe Road, turn left on Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with "Conference Center" displayed on the building.

From I-15: Go West on Highway 78 to San Marcos Blvd. Turn left on San Marcos Blvd., left on Rancho Santa Fe Road, and left at Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with "Conference Center" displayed on the building.

ActivCare Residential Memory Care 9619 Chesapeake Dr., Ste 103 San Diego, CA 92123

Tips for Alzheimer's Caregivers