

Town Hall Forum

Making the Most of Life Following a Dementia Diagnosis

***An educational seminar for family caregivers featuring
medical experts from the ActivCare Medical Advisory Board.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and protect yourself and your loved one.

When: Wednesday, November 6, 2013
8:30 am to 12:30 pm
Continental Breakfast: 8:30 am

Where: Bonita Golf Club
5540 Sweetwater Road
Bonita, CA 91902
**See directions on reverse side*

Topics: Experts from the field of Alzheimer's research, geriatric medicine and dementia care and services share their tips to prepare family caregivers to make the most of a dementia diagnosis in their family. You'll learn how to establish a good health regimen and care plan. Understand and prepare for drastic changes. And, garner tips to prepare yourself as a legal decision maker.

Speakers

John Daly, MD, Geriatric Internist/Emeritus Clinical Professor, UCSD

Dan Sewell, MD, Psychiatrist Specializing in Geriatric Psychiatry

Heidi Klippel, Attorney

Dawn DeStefani, ActivCare Program Director

Free adult day care offered during the event at
The Glenner Memory Care Centers. Reservations are
required at least one week in advance. Call the South Bay
Center in Chula Vista at (619) 420-1703.



Presented by:

**ACTIVCARE**[®]
Residential Memory Care

 Southern Caregiver Resource Center
Caring for those who care for others

**THE GLENNER**
MEMORY CARE CENTERS
Specialized Adult Day Programs and Family Resources

To RSVP, please log onto
ActivCareLiving.com
or call ActivCare at
1-888-MEM-LOSS

Directions to Bonita Golf Club

From I-805: Go East on Highway 54, exit at Briarwood Road. Turn right and continue down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.

From Highway 125: Take Highway 125 to Highway 54 and head west. Exit Briarwood Road and turn left. Go straight down the hill until the T intersection. Turn left on Sweetwater Road. The Bonita Golf Club is located on the right at 5540 Sweetwater Road.